

HUMAN WELFARE TRUST

Annual Report 2010-2011

Introduction

Human Welfare trust was started in 2005 in Tamilnadu and was formally registered in 2007. It started its activities with a health awareness programme, non-formal education and vocational training center for women. Over the years, we focus has been on the development of poor and marginalized women, adolescents and children for their betterment of health and hygienic. Its activities have diversified in the fields of health, women's literacy, formal school education, non-formal education, rural employment, income generating skills, SHG formation, community health and awareness programmes on various social issues. The NGO is working in rural as well as urban areas of Thiruchirappali , Chennai and Kancheepuram district. Human Welfare Trust has received support from several donor organizations as well as from individuals. Its entire program has been supported by sponsorships and from a network of individual supporters.

Mission

To evolve a strong, sustainable programme to improve the standard of living and to provide the necessary health care and education facilities to the weaker section of the society.

Objective of the organization

- To run a Working Women Hostel, Home for the aged, Orphanages, Day Care Centres to help the poor.*
- To carryout AIDS Awareness programme and to obtain grant from Government and other agencies for the above programme.*

- *To do Rehabilitation Programme for the drug addicts and alcoholics.*
- *To eradicate Illiteracy among the rural people and to provide adult education centres in villages.*
- *To conduct Seminars, Workshops, Training Programmes, Camps and offer Diploma Courses for the public especially to the staff of NGO and the perspective staff of NGO.*
- *To run free marriage bureau to help people to find out suitable match as life partners.*
- *To inculcate the habit of Blood Donation, Eye Donation and Human Body Organs donations by conducting awareness camps*
- *To run health Centres, Clinics, Hospitals in the Rural areas for the Development of the Rural Population and to conduct Medical Camps of all nature.*
- *To provide rehabilitation services in the time of natural calamities viz. earth quakes, flood, cyclone and Tsunami.*
- *To grant Scholarships to deserving Students for their education and other needs*
- *To render legal guidance to poor people to over come various legal issues in their families and societies*
- *To support Sports and Games activities and take efforts to promote good sportsmen.*
- *To organize Cultural Programme in Rural and Urban areas depicting various social issues*
- *To undertake income generating activities for the self-sufficiency of the Trust by promoting Self Help Groups among all poor People.*
- *To enable the economic development of the people by imparting vocational and self employment training to them and encourage them to be independent by disbursing loans for self employment schemes.*
- *To work for the Development of Wasteland Programmes.*

- *To prevent the incidence of drop-outs through sponsorship programme for education of children and educate the existing drop-outs through non formal education and continuing education*
- *To Provide Guidance, Technical Help and Training in Development Communication to promote more community Development Projects*

Geographical area of operation

- *Thiruchirapalli district*
- *Kancheepuram District*
- *Chennai district*

Major activities

- *Free Technical training programme for women and youth*
- *World Health day*
- *World Water Day*
- *Labour Day*
- *International Culture day*
- *World Environmental Day*
- *World Diabetic Day*
- *World heart day*
- *HIV/AIDS awareness programme*
- *Road safety programme*
- *Cancer awareness programme*
- *Celebration of Women's Day*
- *Awareness of welfare scheme*
- *Distribution free note books*

Free Technical Training Programme for Women and Youth

With the motivation of improving the standard of living of the poor people in the village people of Kancheepuram district, we had conducted free computer training class and BPO training for the women and youth. The duration of course would be three months; at the end of the course the certificate will be issued. 20 women and youth in each patch will be recruited and given training by professional teachers. Many women were showed interest, but with our limited resource, we have trained 120 women and youth in a year. Women those who received training will be in members SHG. After they trained we help them to get loan form the bank to start up their own business.

World Health Day

World Health Day 2011 will focus on antimicrobial resistance and its global spread. Keep this motto in mind, World Health Day was celebrated on 7th of April to impart the importance of health and hygienic in Chithalapakkam village in Kancheepuram district. The programme was inaugurated by the organization Managing Trustee with all the committee members of the trust. We have conducted the program with objective of creating awareness on personal hygienic and importance of environmental cleanness. We have given special speech on this; the people were happy and showed more interest. The programmed was ended with special thanks to all the participants by the managing trustee.

World Water Day

The main objectives of the programme is to create awareness in community on hygiene and sanitation, Promoting an safe environment for the community, To try for adequate water and sanitation facilities in all the schools, To

improve the environment of the schools and villages. The lack of viable sanitation solutions in villages contributes to serious health and environmental risks for the entire population of cities, not just those living in villages; the poor are, however, particularly vulnerable to infection from contaminated water. The health impact of unsafe water and lack of basic sanitation facilities paved way for many illnesses. We have celebrated World water day in Kancheepuram district in order to encourage the women to preserve water and adopt safe sanitation disposal. Human welfare trust has motivated the village people to construct toilet in their house to avoid open defecation.

Labour Day

Labour Day is also known as a day of workers. Labour Day is dedicated to workers and employers for their big contribution in economic and social areas. On the Labour Day we have organized programs to increase the education and social status of workers or labours. We have invited special guest Mrs. Amutha Velmurugan President of Panchayat Board of Maduraipakkam .She has given motivational speech among the women how they can improve their life by using their skills and energy. Our organization Managing trustee insisted that On the Labour Day every man and woman must be worshipped to God for their jobs and especially for their health and strength. The programme was ended with vote of thanks by the secretary of trust. The labours were honored by our trust by providing them with some refreshments.

International Culture Day

All persons have therefore the right to express themselves and to create and disseminate their work in the language of their choice, and particularly in their mother tongue; all persons are entitled to quality education and training that fully respect their cultural identity; and all persons have the right to participate in the

cultural life of their choice and conduct their own cultural practices, subject to respect for human rights and fundamental freedoms." The World Day for Cultural Diversity for Dialogue and Development provides us with an opportunity to deepen our understanding of the values of cultural diversity and to learn to "live together" better. For tuning these ideas we have conducted world culture day in Kancheepuram district to impart the values of our culture. The secretary of trust has given speech about the traditional values of Indian culture, how we should respect the elders etc. we have also conducted cultural dance programme in schools to educate them our values of Indian culture.

World Environmental Day

We have celebrated the World Environmental Day, The primary object of this programme is to educate students, about what is pollution, how to control it and the various health problems created by pollution and the agencies to which common man has a right for a clean environment. This programme was carried out by conducting awareness generation programme for the publics and workshops for teachers and school students. The people of Mambakkam were took part in the programme and they were taught the important components of environment and its impact. We have motivated the people to avoid plastics based things. Competition was conducted among the student to impart the knowledge of environment protection.

World Diabetic Day

Our Human Welfare trust conducted awareness program on prevention of diabetes and its complications. It is non communicable diseases. It is posed greater threat to the economic development of developing nations as such diseases among adults of working age led to an increased burden on healthcare of families. This in turn will result on lower productivity. As diabetes is not a rich

man's disease anymore, it would have an adverse effect on the health and economy of the nation. So here in our diabetics awareness program what is diabetics, why, how it could be treated etc, are discussed in very simplified manure.

World Heart Day

Cardiovascular diseases are the world's largest killers, claiming 17.1 million lives a year. No matter where you're from, up to 80 percent of heart attacks are preventable with appropriate attention to nine risk factors, including smoking, abnormal cholesterol, diabetes, high blood pressure, stress, abdominal obesity, sedentary lifestyle, eating too few fruits and vegetables and abstaining from alcohol. We have organized programme on World Heart day, nearly 100 middle aged people were took part in the programme. The specialist were invited and given awareness speech on how we can prevent the heart disease. The risk factors were clearly mentioned and the doubts were clarified by the specialist.

HIV/AIDS Awareness Programmes

HIV/AIDS has become more a socio-economic problem in the country. The main factor for such swift spread is due to the expansion in Industrialization and Globalization, which has created migration from within and outside the country. This has led to many risky sexual behavior practices like multi partner sex with vulnerable group and among themselves. The basic aim of this particular intervention among rural community like women and men is to reduce the risk among these vulnerable groups and create an enabling environment. The organization intends to reach the target through different strategies and cater to the complete components of prevention care and support activities right from spreading awareness treatment to care & support. Human Welfare trust has organized HIV/AIDS awareness camps in Kancheepuram district to educate the general population on the knowledge of HIV/AIDS.

Road safety programme:

The roads safety programme was organized for the school student from 5 schools in Chennai and general publics from 10 villages in Kancheepuram district. The resource persons were arranged to deliver the message among the participants, with motive of making them to follow the traffic rules and regulations, following that, we have organized the first aid programmes for them.

Cancer awareness programme

Awareness is the vital component and forms the key strategy towards any intervention in the field of Cancer detection especially for early detection and prevention of cancer among individuals with the vulnerable group. The communication is carved to activities specifically for prevention, behavior change and demand creation in diagnosis cancer detection and treatment. We have conducted several strategies of conducting cultural programmes, street plays, and mass events would also be carried out to educate the people on detection and prevention of cancer,

International Women's Day Celebrations

Human Welfare Trust has celebrated the international women's day, nearly 600 women have been participated. We have organized various cultural programme , which motivated many women to participate to express their talents such artistic skills, communication skills etc,. Some of the competition were Oratory, Essay, Drawing , Kolam , Dance , Sports etc,. We have invited Panchayat president other celebrity, who provided an excellent speech to educate the women and the difficulties faced by them in day to day life. Followed by the prizes was distributed for the winners and also motivational prizes was given to group who performed well in the year.

Awareness programme on Govt. Schemes

Awareness programme was on participatory and interactive basis, getting to know the scenarios of govt. schemes and its knowledge. The participants were benefited by this orientation programme and sensitizing them as to the important role that one can play in availing the Govt. schemes for the betterment. Followed by we have invited the government officials to deliver the information so that people would know the practical procedure to avail the schemes.

Supply of free note/ uniforms to the needy children

Free books and note books were distributed to among school going children in Chithalapakkam Govt. schools in Kancheepuram district. We have also distributed uniforms to the poor children. We also help the poor children for their higher studies.