

# ***HUMAN WELFARE TRUST***

## **Annual Report 2009-2010**

### ***Introduction***

*Human Welfare trust was started in 2005 in Tamilnadu and was formally registered in 2007. It started its activities with a health awareness programme, non-formal education and vocational training center for women. Over the years, we focus has been on the development of poor and marginalized women, adolescents and children for their betterment of health and hygienic. Its activities have diversified in the fields of health, women's literacy, formal school education, non-formal education, rural employment, income generating skills, SHG formation, community health and awareness programmes on various social issues. The NGO is working in rural as well as urban areas of Thiruchirappali , Chennai and Kancheepuram district. Human Welfare Trust has received support from several donor organizations as well as from individuals. Its entire program has been supported by sponsorships and from a network of individual supporters.*

### ***Mission***

*To evolve a strong, sustainable programme to improve the standard of living and to provide the necessary health care and education facilities to the weaker section of the society.*

### ***Geographical area of operation***

- *Thiruchirapalli district*
- *Kancheepuram District*
- *Chennai district*

### ***Major activities***

- *Computer training programme*
- *Vocational training programme for women*
- *Health awareness programme for women*
- *Human rights programme*
- *Free Health camp*
- *Free eye camp*
- *HIV/AIDS Awareness programme in community and schools*
- *Blood donation camp*
- *Celebration of children's day*
- *Free marriage bureau for poor*
- *World women's day*

## ***Objective of the organization***

- *To run a Working Women Hostel, Home for the aged, Orphanages, Day Care Centres to help the poor.*
- *To carryout AIDS Awareness programme and to obtain grant from Government and other agencies for the above programme.*
- *To do Rehabilitation Programme for the drug addicts and alcoholics.*
- *To eradicate Illiteracy among the rural people and to provide adult education centres in villages.*
- *To conduct Seminars, Workshops, Training Programmes, Camps and offer Diploma Courses for the public especially to the staff of NGO and the perspective staff of NGO.*
- *To run free marriage bureau to help people to find out suitable match as life partners.*
- *To inculcate the habit of Blood Donation, Eye Donation and Human Body Organs donations by conducting awareness camps*
- *To run health Centres, Clinics, Hospitals in the Rural areas for the Development of the Rural Population and to conduct Medical Camps of all nature.*
- *To provide rehabilitation services in the time of natural calamities viz. earth quakes, flood, cyclone and Tsunami.*
- *To grant Scholarships to deserving Students for their education and other needs*
- *To render legal guidance to poor people to over come various legal issues in their families and societies*
- *To support Sports and Games activities and take efforts to promote good sportsmen.*

- *To organize Cultural Programme in Rural and Urban areas depicting various social issues*
- *To undertake income generating activities for the self-sufficiency of the Trust by promoting Self Help Groups among all poor People.*
- *To enable the economic development of the people by imparting vocational and self employment training to them and encourage them to be independent by disbursing loans for self employment schemes.*
- *To work for the Development of Wasteland Programmes.*
- *To prevent the incidence of drop-outs through sponsorship programme for education of children and educate the existing drop-outs through non formal education and continuing education*
- *To Provide Guidance, Technical Help and Training in Development Communication to promote more community Development Projects*

### ***Activities in details .....***

#### ***Computer Training Programme***

*India is a densely populated country where a large number of people live without access to the basic education and primary health facilities.. In addition to their poor socio economic condition, another major cause of their sufferings is lack of education and public awareness. Youth is embodiment of energy and enthusiasm, which can be utilized for the socio- economic development of the nation and eradication of social evils. Human welfare trust has started project on "Free computer training programme" for rural youth to improve functional capability and employability of youth. The goal of the programme is to development of self-confidence to face innovate and unfamiliar situation. We have develop the rural youth such aptitude and skills which will enable them to function better as*

*productive citizens. We have successfully enrolled ----- youths in our training center.*

### ***Development programme for women***

*Rural women in our country suffer from being both economically and socially invisible. Economic invisibility stems from the perception that women are not relevant to the wage and self-employment. But, they have been playing very important and significant role. Woman and children are weaker section of the society; there is urging to tackle these groups for their development. Vocational training programme was conducted for the poor women in rural community to strengthen their capacity to improve their economic standard in the society. **Nearly ----- women** have benefited in the training programme. The skills like tailoring, computer training, embroidery , agarbathi making and pickle making etc have been taught in the training, which will help the women to develop their self esteem and confidence. We organized five advocacy meetings with the governmental officials, village leaders, and NGO members. The different topics were discussed in the meeting such as dowry prohibition, legal aid, and various woman welfare schemes. We have conducted two free legal Aid programmes for the woman and help the woman who has deserted and separated. We conducted 4 awareness programmes on dowry Prohibition among the woman in the rural community.*

### ***Health and nutrition awareness programme***

*Our health programme goal is to enhance the capability of vulnerable people, especially women and children, to attain the health behaviours and services they*

*need for a better life in a better community. Its target population consists of vulnerable people, especially women and children, in the villages of Kancheepuram district. The integrated health programme in the sector is seen as an essential component of an overall development strategy supporting household livelihood security. Awareness on their health is very essential for women and children especially girl child. Nutrition programme was conducted in the schools and in the rural communities. We invited the resource person to deliver the message on the importance of the nutrition among school students. Conducted quiz and competition programme for the students and awarded the best. In the villages we have invited the resource person to demonstrate the food preparation, in order to promote the balanced diet among the community. We have organized 20 sensitization programmes for the school teachers to bring awareness on the importance of nutrition for the children.*

### ***Human Rights - Women and Children Rights Awareness Program***

*Human welfare Trust conducted awareness program on women and child rights which focused on The Rights of the Child lays down the principles of non discrimination in the best interest of the child along with the common standards for the various rights of children. It takes into account the different cultural, social, economic and political realities in which children live. We are far from realizing it. This program is an invitation to understand the state of children's rights in the country and the efforts to combat the violation of children's rights. On the basis of Women Rights program the following topics were discussed in education, equality, feminist theory, girl child, health and well being, labour and employment, marginalization of women, marriage, and family life, prostitution,*

*race and gender issues, religion and culture, reproductive rights, violence against women, women and empowerment, women and urbanization, women rights in general.*

### ***Free Health camp***

*Human welfare trust has organized free health camp programme for the rural community and school children in Kancheepuram district. Our main goal is to provide good and quality health care for the poor and down trodden people in the society. Nearly **about** ---- free medical camp has been organized in different villages of Kancheepuram and Thiruchirappalli district. Health awareness class was conducted to teach importance of health and behavioral changes. The school buildings were used for conducting classes for the students as well as for health camp. Every month the our team meet with the parents and teachers to discuss their child's progress, and to discuss how the parents can help their children improve in areas such as hygiene, discipline and beliefs. It helps us build good rapport with community people and organization. Many poor people have benefited in the camp and we did the follow up like accompanying them in to Govt hospital for further treatment.*

### ***Free Eye Camp***

*Since our major objective is to provide good and equal healthcare services to all, we have organized free eye camps in different villages of Kancheepuram district. Many village people are not able to access the eye check facility; the reason is economic and transport facility. The old age people were isolated and totally*

*neglected in terms of health and other facilities. Our organization has approached these needy people in their place in order to provide good eye care to all. We also arrange cataract surgery for the people who are detected with cataract. The surgery was done with the consent of the people. We organized eye camp in schools of Kancheepuram district.*

### ***HIV/AIDS Awareness programme in community and schools***

*The number of people living with HIV/AIDS in India is an alarming 2.47 million. Human Welfare Trust has organized HIV/AIDS Awareness Program involves a multi-pronged sequence of events and interventions including educational, social, and medical efforts to contain the spread of HIV, The program focused on proper care and treatment to infected people, and above all, ensuring a healthy atmosphere in the society to end social stigma and ensuing social marginalization. In schools we have organized programme for adolescents students on HIV/AIDS to educate them on this issues. In this programme the following topics were covered:*

- *Interactive session on HIV/AIDS*
- *Anatomy*
- *Transmission of HVI/AIDS*
- *Myths of HIV/AIDS*
- *Sigma and discrimination of HIV/AIDS*
- *Sexually Transmitted Infection*

*Essay competition was conducted on this issue, the students' knowledge level on HIV/AIDS was amazing, and the best essay was awarded with prize.*

### ***Blood donation and recruitment camp***

*Blood is the river of life that flows in our body. World statistics show that today, blood is the most sort-after body part in the world. Demand and supply are slowly drifting further and further apart. India's daily estimated requirement of blood is roughly 40 million units of 250 cc blood packages. Of which only 500,000 units are available. Voluntary blood donors have increased the supply of blood by 6% in the world. However, demand has increased by 8%. Where blood requirements are high, blood camps are held more frequently. With keeping this in mind we organized blood donation and recruitment camp in Kancheepuram district, which paved way for new donors and also has motivated others to donate blood. The Advantages of collection of blood from camps are intending donors get opportunity to donate according to their convenience. Blood donation camps helped us develop community participation and recruits new donors.*

### ***Free marriage Bureau***

*Human welfare Trust has registered separate website----- for providing free marriage service for poor people. We have not charge any amount it is totally free for all without any caste or religion discrimination. Till now few people have registered their biodata in our website.*

### ***Celebration of children day***

*Children's Day is to celebrate "childhood". On Children's Day tribute is played to all children in the world. Children are loved by one and all. They win over our hearts with their angelic eyes and innocent smiles. It makes one realize that*

*maybe that's the way God wanted us to be. Children's Day is not just a day to let the future generation have its say. It is a day to remember a leader who, in his quiet but determined way, laid the foundation to convert a nascent nation into a world power. Human welfare trust has organized competitions in school to celebrate on this day. The students were took part in the competitions. The prizes were given to all the participants whoever took part in the competitions.*

### ***Celebration of world women's day***

*To observe the world women's day Human welfare trust has organised awareness generation camp in our project areas. We discussed the problems of the women violence and women welfare programmes. We explained the stratus of women in the nation, types of courts, free legal aid, etc., .nearly 100 women were participated from different villages of Kancheepuram district.*

### ***Proposals/ Action Plan***

- *Education programme for youth*
- *Skill development training programme*
- *Vocational training programme for women*
- *Health Awareness programme*
- *Welfare programme for old ages people*
- *Celebration of world important days*
- *Raising fund for the welfare programme of the trust*

